



Smart Watch Sfera Round Titanium
with Extra Orange Band _ SKU:PD-SFERA

Welcome to your new Sports Smartwatch experience. This manual serves as your guide to understanding the full capabilities of your smartwatch, which is designed primarily for seamless connectivity with your cell phone via Bluetooth. It offers a suite of functions to enhance your mobile experience and support your active lifestyle. Please note that the company may update this manual at any time without notice.

The smartwatch is not IP68 waterproof and is not intended for use during rain, handwashing, swimming, or in hot showers or saunas. Exposure to water vapor can also cause damage. Warranty services will not be provided if the watch is damaged due to non-compliance with these guidelines.

Operating Instructions

Key Functions

Upper Right Button: Tap once to access or exit the menu within applications. Double tap to change the menu style.

Lower Right Button: Hold to power the watch on or off. When on, a single tap turns off the screen; holding it down brings up the menu.

Navigating Your Watch

- Swipe left to access shortcuts.
- Swipe right to navigate to the split-screen interface.
- Swipe down for the control center.
- Swipe up to view messages.
- Swipe right to return after selecting a function.

Additional Features

Dial change: Rotate the crown to select different watch faces.

Strap replacement: Designed for quick and easy changes.

Charging Your Watch

Attach the charging cable to the back of the watch. It magnetically aligns with the charging contacts. This device is compatible with any standard 5V charger.

Note: Please use the provided charging cable.

Syncing with Your Cell Phone

To pair your smartwatch with your cell phone, download the "FereFit" app. The app is available for both iOS and Android users and can be downloaded in the following ways:

1. For iOS/Android: Use your phone's browser or scan the QR code with WeChat, then follow the prompts to download "FereFit" from the respective app store.

A QR code is provided below for direct access to the "FereFit" app download.



Android/iOS

2. For Android devices: Navigate to Google Play, search for "FereFit", and proceed with the download. Similarly, iPhone users can find the app in the App Store.

Note: Post-download, you'll receive several permission prompts during the installation; please grant them to ensure full functionality between your watch and phone via Bluetooth 3.0 and 5.0.

Bluetooth 5.0 Pairing Instructions

After installing "FereFit":

1. Activate your phone's Bluetooth.
2. Launch "FereFit" and accept the notification prompt by tapping OK.
3. In the app, tap the bottom right corner to access more options, enter the scanning mode, and select (Sfera) from the list of devices. Some Android devices may require GPS activation to locate the watch.

Bluetooth 3.0 Pairing Steps

1. Ensure your watch's Bluetooth 3.0 is activated.
2. On your phone, go to Bluetooth settings, select (Sfera), and follow the on-screen instructions to pair.

Verifying Successful Bluetooth Connection

Check the status bar on the watch's standby interface. If the Bluetooth icon is blue and green, the connection is successful. A gray icon indicates no connection.

Troubleshooting Bluetooth Issues

Inconsistencies in Bluetooth protocols across various brands may cause connection issues. To resolve, you may:

1. Toggle your phone's Bluetooth off and on.
2. Re-pair the device.
3. Reset the smartwatch to factory settings as a last resort.

Setting Up Notifications

To enable incoming call notifications:

1. Go to your phone's Settings > Application Management.
2. Find "FereFit" under Permission Management and enable all permissions.
3. Then, access Notification Management, select "FereFit", and activate all notifications.

Note: The mobile phone will not get notifications of incoming messages if the computer version of WeChat is online at the same time. To prevent the phone from shutting down when the battery is low, certain phones also need to add "FereFit" to the whitelist for power saving.

Troubleshooting Notifications

If notifications are not appearing on your smartwatch, it is important to ensure that your phone's notification settings are properly configured. The smartwatch's notification system operates in unison with your phone's, alerting you to various communications such as calls, QQ, and WeChat messages. If these notifications are not set up on your phone, the watch will not display them either. Please activate the necessary notification functions on your phone to allow for synchronization with your smartwatch.

Introduction to Key Features

Encoder: On the standby screen, rotate the button to switch watch faces. You can slide the secondary menu vertically and magnify it for easier navigation to access different functions.

Dial Push: Customize your watch face by uploading new designs from the app.

Phone Functionality: Make calls directly from your watch, browse your call logs, manage contacts, and utilize hands-free settings for incoming calls through the smartwatch interface.

Contacts Management: Add and manage your contact list via the app.

Call Logs: View and sync your phone's call history on your smartwatch.

Dialing Keypad: Dial out directly from your watch by connecting it to your phone.

Activity Tracking: Monitor your daily step count, previous steps, calorie consumption, and distance covered. Data resets daily at midnight.

Messages: Receive notifications for messages from various apps like Facebook, Twitter, WhatsApp, QQ, and more.

Music Control: Play and control music from your phone through the smartwatch.

Heart Rate Monitoring: Ensure optimal placement on the wrist to measure your heart rate accurately.

Blood Oxygen Measurement: Activate to start measuring; keep your arm still for accurate readings. (about 20s)

Blood Pressure Monitoring: Initiates when you navigate to the function and provides readings after a brief waiting period. (about 20s)

Body Temperature: Monitors temperature upon activation; hold your hand flat for a reliable reading. (about 20s)

Alarm Clock: Set and synchronize up to three alarms via the app, which can also be adjusted on the watch itself.

Voice Assistant Integration: Upon successful pairing with Bluetooth 5.0/3.0, the smartwatch enables voice command features.

Sleep Tracking: Monitors sleep from 9 PM to 9 AM, analyzing rest quality to improve your sleep patterns. This data can be synced to your app for detailed insights.

Fitness Programs: The watch supports a range of sports modes, including running, walking, soccer, badminton, tennis, basketball, table tennis, cycling, and more, catering to diverse fitness activities.

Photography Mode: When your phone is unlocked, the watch can remotely control your phone's camera. Simply tap the watch to snap photos, which are saved to your phone.

Phone Locator: Activate the 'Find Cell Phone' feature via Bluetooth to make your phone ring, aiding in its location.

Device Finder: The watch will continue to vibrate until you locate the misplaced device using the app.

Weather Updates: Displays a four-day weather forecast after connecting to Bluetooth.

Stopwatch Capabilities: Offers precision timing for individual and cumulative intervals.

Breath Training: Customize the duration and track your breathing patterns for relaxation or exercise.

Calculator: Provides a convenient calculator for quick calculations.

Menu Customization: Choose from various menu designs to match your style preference.

System Settings: Access and adjust your smartwatch's settings.

Quick Access Widgets: The dial interface allows for rapid access to heart rate, sleep tracking, weather updates, and music control.

Women's Health Tracking: Features reminders and tracking for menstruation and ovulation cycles.

Entertainment: Includes games such as "Dumb and Dumber" for leisure.

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Device Settings Customization

Screen Illumination: Adjust the duration the screen stays lit.

Wrist Gesture: Activate the screen by lifting your wrist.

Brightness Control: Modify screen brightness levels for optimal visibility.

Do Not Disturb Mode: Set silent periods to minimize interruptions.

Drainage Function: Optimizes battery consumption during standby.

Security: Set and reset a personal password for device access.

Connectivity: Scan a QR code to quickly download the companion app, "FereFit."

Battery Preservation: Engage power-saving features to extend battery life.

Multilingual Support: Switch between different language options.

Time Synchronization: Align the smartwatch time with your app or set it manually.

Date setting: You have the option to change the date or synchronize the APP.

Restore Factory Settings: Restoring factory settings may typically resolve software issues.

Power Off: Press and hold to switch off the watch.

About: You may look up the watch's model, Mac address, and software version.

Warranty

Exclusion

- Porodo doesn't cover any damage caused by the normal use of the product over time during the warranty period.
- The Porodo warranty doesn't include coverage for improper use, deliberate damage, accidents, theft, carelessness, or any repairs done by unauthorized service centers.
- The power needs for each product are clearly stated on their packages. Please check these requirements against those of your country before buying. Porodo won't be responsible for any problems related to this.

For more info, please check:

porodo.net/warranty

Contact Us

If you have any questions about this Privacy Policy, please contact us at:
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